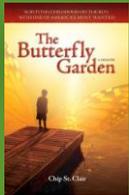


Because EVERYONE
deserves a chance to FLY



Trauma
alters
brain chemistry.
It changes DNA.

We fix it.



Founded in 2008 by a young married couple who beat the odds and proved that our past does not define us, SCBF empowers students all across the country, through mentorship programs based in the creative arts, to reach their potential to soar.



Be the Change.

With Your support, we can continue to make this dramatic impact, filling the ever-growing need of young people suffering from trauma in our schools and our communities.

Get involved. Help us help them find their wings.

Make a Donation • Attend an Event
Sponsor a Program or Event • Volunteer
and so much more!

Visit Us: www.SCBF.org
Contact Us: Info@SCBF.org

PO Box 210643 • Auburn Hills, MI 48326



is a 501(C)(3) nonprofit organization



ST CLAIR

Butterfly Foundation

Inspire. Empower. Soar.



"Before the art program, I didn't really have an outlet for my emotions. I bottled everything inside until I couldn't help it. Now I draw, paint or make music. I don't bottle things up anymore because I have outlets."

Devyn W., 14

"I really enjoyed this program. It taught me a lot, like how to make and do different things. I didn't know what to do, I never knew I was that creative. The butterfly program taught me I am. My favorite project was the portrait of myself. I didn't know I could draw like that, it was amazing!"

Ciyann S., 16

Dramatic SCBF results:

- Increased self-esteem
- Decreased rates of detentions
- Decreased rates of suspension
- Increased enthusiasm to learn
- Higher graduation rates
- Increased GPA
- Increase in peer relationships
- And much more

10 years.

10,000 young people served

We're not just rewriting their future, we're rewriting their DNA.

Our Mission

St. Clair Butterfly Foundation (SCBF) utilizes the power of therapeutic creative arts, mindfulness, and mentorship programs to help young people overcome trauma, learn healthy coping mechanisms and life skills, and unlock their potential and purpose.

Therapeutic Programming Includes:

- Expressive Art
- Creative Writing
- Yoga and Mindfulness
- Gardening
- Music
- Theatre

The Trauma-Drama Cycle

Extreme and chronic trauma and stress, especially during childhood, can result in lifelong health and psychological complications when left untreated.



Potential effects of trauma:

- Substance use
- Alcohol use
- Conduct Disorder
- Cardiovascular disease
- Pain disorders
- Anxiety disorders
- Extreme aggression
- High Blood Pressure
- Autoimmune diseases

